



STAFF ADVISORY COUNCIL

Staff Advisory Council Agenda

Staff Advisory Council will meet on

December 14, 2022 @ 1:15pm

Robert M. Kerr Food and Agricultural Products Center

All meetings are open to the public.

- A. Call to Order: Michelle Stewart
- B. Roll Call: Jenna Rutherford
- C. Approval of the Minutes: Michelle Stewart
- D. Approval of the Agenda: Michelle Stewart
- E. Special Guest Speakers: None – Tour of FAPC instead.
- F. Officer Reports:
 - a. Treasurer’s Report: Sherri Buntin
 - b. Secretary: Jenna Rutherford
 - c. Vice-Chair: Mary Mach
 - d. Chair: Michelle Stewart
- G. Reports of Standing Committees:
 - a. Rules, Policy and Procedures: Chris Pivinski
 - b. Communications Committee: Lacey Quadrelli
 - c. Awards and Recognition Committee: LeAnne Hutchins
 - d. Events Committee: Michelle Chitwood
 - e. Diversity, Equity & Inclusion Committee: Cara Eubanks
- H. Branch Campus Reports:
 - a. OSU-Tulsa: Candace Jackson
 - b. OSU -CHS: Anna Woodell
 - c. OSU-OKC: Kristen Rowan
 - d. OSUIT-Okmulgee: Lindsay Glazier
- I. Reports of University Committees:
 - a. Faculty Council: Kim Howerton
 - b. Human Resources: Christa Louthan
 - c. GPSGA: Lauren Haygood
 - d. Department of Wellness: Kim Beard
 - e. Student Government Association: Riley Pritzlaff
- J. Unfinished Business:
 - a. Language update from Rules, Policies, and Procedures
- K. New Business:
- L. Announcements:

Next Meeting – January 11, 2022 1:15 PM 412 Student Union Council Room (also available via Zoom)

M. Adjournment



OSU Mental Health Training Video

The objective of this training is to continue to build on our culture of care at OSU through educating students, faculty and staff about mental health on campus, available mental health trainings, available mental health support resources on campus, and the importance of our collective role to support each other.

Log in to talent.okstate.edu using your Okey credentials. Search for “*Campus Mental Health Training Video*” and select the correct module from the list. Click “*Launch*” to start your module.

Suicide Prevention (QPR) | QUESTION. PERSUADE. REFER.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Please join your colleagues who have completed this training and help prevent suicide.

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

>> **Navigate to:** qprtraining.com/setup

Enter the organization code *OKSTATE*

Select *Create Account*

Complete and submit registration form

QPR will display and email the newly created Username and Password.

Log in to begin training at qprtraining.com



Kognito | RECOGNIZE THE WARNING SIGNS.

These online suicide prevention training modules are designed to help campus personnel and students recognize warning signs of psychological distress, build skills to encourage help-seeking behaviors, and offer others a warm referral to suicide prevention support services.

>> **To register for the training, go to:** ok.kognito.com.

Mental Health First Aid | IDENTIFY, UNDERSTAND AND RESPOND.

This training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

>> **To arrange a course for your department or group, complete [this form](#).**



Employee Assistance Psychologist | DR. TAMARA RICHARDSON

University Health Services provides FREE and CONFIDENTIAL initial assessments, short-term counseling, and referral services for benefit-eligible employees and their household members via the ComPsych Guidance Resource Employee Assistance Program (EAP).

>> **Call University Health Services to schedule an appointment at (405) 744-CARE.**