

### **Staff Advisory Council Minutes**

Staff Advisory Council will meet on
November 9, 2022 @ 1:15pm
412 Student Union Council Room and via Zoom
All meetings are open to the public.

Guests: We had several guests via Zoom and in person.

<u>Call to Order</u>: Michelle Stewart called the meeting to order at 1:15 pm.

Roll Call: Of our 27 current members, we had 17 present in-person, 4 present via Zoom, and 6 absent.

<u>Approval of the Minutes</u>: Amber Coker made a motion to approve the October minutes and LeAnne Hutchins seconded the motion. October minutes were approved.

<u>Approval of the Agenda:</u> Sherri Buntin made a motion to approve the agenda and Kim Howerton seconded the motion. Agenda was approved.

#### **Special Guest Speakers:**

Dr. Kerri Kearney, Professor, Higher Education & Student Affairs, spoke about R is for Thursday (R4T). R4T is a research-led effort that, through state and national initiatives, equips individuals to support foster youth/alumni and other traditionally hidden populations who are college-bound, in college or college graduates. More information can be found at <a href="https://education.okstate.edu/research/centers/r-is-for-thursday/">https://education.okstate.edu/research/centers/r-is-for-thursday/</a>.

#### Officer Reports:

Treasurer Report: Sherri Buntin

• Treasurer's report was sent via email.

#### Secretary: Jenna Rutherford

• December meeting will be held at the Food and Agricultural Products Center. We will tour the site, then hold our regular meeting on-site.

Vice-Chair: Mary MachNo report.

#### Chair: Michelle Stewart

- Thanks to members for signing up for campus committees.
- Faculty Council meeting guidance.
- Reminder to be at the Distinguished Service Awards.
- Reminder to complete Annual Enrollment by Friday, November 11.

#### **Reports of Standing Committees:**

#### Rules, Policy and Procedures: Chris Pivinski

• No report.

#### Communications Committee: Lacey Quadrelli

• Toy Drive flyer was sent out to members to share.

#### Awards and Recognition Committee: LeAnne Hutchins

- Currently scoring the DSA applications.
- Reminder to RSVP when the communication comes out.
- Reminder that members should be available on November 30, 2022, at 2:00 pm.

#### **Events Committee:** Michelle Chitwood

No report.

#### Diversity, Equity & Inclusion Committee: Cara Eubanks

No report.

#### **Branch Campus Reports**:

#### OSU-Tulsa: Candace Jackson for Anna Woodell

- O-S-Boo Tulsa celebrations were a success.
- Holiday sweater contest is upcoming.
- Planning for 2023 has begun.

#### **OSU-CHS**: Diana Sanders

• No report/absent.

#### **OSU-OKC**: Kristen Rowan

- Halloween celebrations were a success.
- Will celebrate Veteran's Day next.
- Planning for Christmas celebrations has begun.

#### OSUIT-Okmulgee: Lindsay Glazier

- Turkey feast is upcoming.
- Recently held United Way programs to Pie a Dean, silent auction, etc.
- Gearing up for the holidays.

#### **Reports of University Committees:**

Faculty Council: Mary Mach

#### **Human Resources**: Christa Louthan

• Reminder that the deadline for Annual Enrollment is November 11, 2022.

#### **GPSGA:** Marcia Sun

- General Assembly Meeting Information
  - The topic for the invited speaker session in October focused on OSU wellness resources and coping with stress. The next general assembly meeting will be on November 16,

2022 at 5:30pm in Social Sciences and Humanities (SSH) 035. An online option will be provided for Tulsa and OKC representatives/liaisons.

- General Assembly Meeting Minutes
  - Meeting minutes from the third/October general assembly meeting is available via GPSGA Canvas page.
- Campus Outreach
  - O GPSGA's participation in the College of Education and Human Sciences (CEHS) Graduate Students Professional Development Series Getting Involved on Campus presentation this semester was a success. Invitation for the presentation was from Dr. Stephen Clarke (Associate Dean for Research and Graduate Studies) and Omar Khalil (Graduate Student Services Coordinator). GPSGA will offer this type presentations focusing on campus and GPSGA resources in conjunction with recommendations for navigating the graduate journey to interested graduate student organizations and programs. Contact GPSGA at gpgsga@okstsate.edu or marcia.sun@okstate.edu for presentation arrangements.

#### GPSGA Awards

- With support from the Graduate College, the Travel Awards are reverted to the previous categories (regional, national, and international) with the additional category of online format with the corresponding amount to support the graduate and professional student community in sharing their scholarly works. The due date for applications for the Fall travel window is Nov. 18, 2022. The due date for Research Material Grant for Fall is Dec. 2. The due date for Co-sponsorship award for Fall is Dec. 9.
- Participation in the 360° CSCS Program Lead for Success Leadership Program with the Hargis Leadership Institute
  - GPSGA board members, reps/liaisons, and graduate student community members participated in the three-day leadership training program with content from Lead 4 Success®.
- Volunteer Opportunity and Alternative Meeting Attendance
  - GPSGA members will participate in Into the Streets. Attending this volunteer event will compensate for one attendance for missed meeting in August or September for GPSGA reps/liaisons.

#### **Department of Wellness:** Kim Beard

• See attached flyer.

#### Student Government Association: Riley Pritzlaff

- Basic Needs/Mental Health
  - Cowboys United for Mental Health was a huge success. We raised almost \$200,000 to improve and expand OSU's mental health resources.
  - Since the start of the school year, our food pantries have used over 3,000 items.
  - We received 124lbs of beef from the Robert M. Kerr Food and Agricultural Products Center
  - We are pursuing a partnership with Cactus Cares to ensure we have a stable flow of food items. We are planning a fundraiser to be held later this semester.
  - Pete's Pantry is undergoing a significant shift in naming and branding. Our food insecurity committee and AGR partners have decided to call it the Student Stache Network. We were going for a play on words while continuing the "Pistol Pete" iconography on the branding items. This is only a branding change. We still have the

- same locations, and the naming will be updated on our website later this week. Direct any questions about this change to <a href="mailto:sgapres@okstate.edu">sgapres@okstate.edu</a> or <a href="mailto:riley.pritzlaff@okstate.edu">riley.pritzlaff@okstate.edu</a>.
- o In the past couple of weeks, I have been reminded of the importance of continuing to make students aware of what our university offers in terms of crisis mental health services. I have already discussed this with the Chair of the Faculty Council, and I look forward to working with the Faculty Council as well as SAC on these issues throughout the academic year. While students, faculty, and staff often have different concerns, we can unite on issues of physical and mental health. I welcome thoughts from SAC on this.

#### Miscellaneous

 I have been asked to appoint students to working groups to develop the pillars of the "Ideal Graduate" imperative of the Strategic Plan. I am looking forward to SGA's participation in implementing this plan.

#### **Unfinished Business:**

 Language in the Bylaws changed to reflect an annual food drive, rather than a specific food drive. We will vote on this change in December.

**New Business**: None.

#### **Announcements**:

Next Meeting – December 14, 2022 1:15 PM in the FAPC (no Zoom option)

**Adjournment**: Sam Morse made a motion to adjourn the meeting and Sherri Buntin seconded the motion. Meeting was adjourned.

## The Department of Wellness

# **EMPLOYEE PROGRAMS**



### Wellness Wednesday: Healthy Hacks for the Holidays NOV. 16, 12-12:50 P.M.

Ever wonder how those people over in nutrition make it through the holidays? Come find out! As a recovering dietitian, Dr. Joyce will provide you with her top 10 healthy holiday hacks and then give you plenty of time to ask her for help finding healthy eating hacks for your own holidays. Presented by: Jill Joyce, PhD, RD/Assistant Professor, Interim Graduate Coordinator, Department of Nutritional Sciences

>> Register: rec.wellness.okstate.edu by November 11, 5 p.m.



### Walks with Wellness: Explore OSU DEC. 1, 12-12:50 P.M.

Enjoy a warm stroll through the \$6 million dollar Greenhouse Learning Center (GLC) with our tour guide, Holly Dobbs. You will see some spectacular views of our poinsettias on the first day of our sale with the option to purchase at the conclusion of the tour. Come with any questions you may have and enjoy time with your OSU family. The GLC is located directly North of University Health Services.

>> Register: okla.st/wellnesswalks by November 28, 5 p.m.



### Employee Painting Party DEC. 6, 12-12:50 P.M.

Join us for a fun evening of painting, socializing, and relaxing! Guided by our facilitator, the group will work at individual easels to create a winter-themed masterpiece that is suitable for framing.

The goal is to open up and enjoy an evening of creative expression, regardless of existing artistic knowledge. No painting experience is required. This is a great way to build new relationships or bring team members closer together. Light refreshments will be served!

>> Register: rec.wellness.okstate.edu by November 29, 5 p.m.



### **Massage Therapy Holiday Gift Certificates**

Give the gift of relaxation this holiday season. 30, 60 and 90-minute massages available.

>> For Pricing and more information: okla.st/massagetherapy To schedule an appointment, call 405.744.WELL (9355) or email wellness@okstate.edu.









