



Staff Advisory Council Minutes

October 14, 2020 @ 1:15 pm

Via Zoom

STAFF ADVISORY COUNCIL

Guests: Lynn Burgett (OSU-OKS), Christa Louthan (HR), Kristen Rowan (OSU-OKC), Angela Cross (OSU-VPAF), Liz Tarbutton (HR), Kim Beard (Wellness), Megan Berg (GPSGA), Rachel Shreffler (OSU HR Benefits), Joe Weaver (VPAF)

Call to Order: *Tashia Cheves* called the meeting to order at 1:15 pm

Roll Call: We had 22 members present.

Approval of the Agenda: *Kimberly Meints* made a motion to approve the Agenda, *Elaine Johns* was second. Agenda was approved.

Guest Speaker: Rachel Shreffler- OSU HR Benefits

- No changes to benefits in 2021
- Annual Enrollment is November 2-16
- Must log in and certify tobacco free to receive the \$20 credit
- Must complete your Catapult Health Assessment to receive \$20 credit
- There will be a change to life insurance policy
- See Attachment A

Joe Weaver- SR. VP Administration & Finance

- COVID update- Stillwater numbers look pretty good, below 200 active cases in Stillwater
- Same mitigation measures will be in place for spring semester

Officer Reports:

Treasurer Report: *Mary Mach*

- No report

Secretary: *Ashleigh Hall*

- No Report

Vice-Chair: *Melanie Bayles*

- No Report

Chair: *Tashia Cheves*

- Currently have a few openings on University committees. Will be reaching out for interest in filling vacancies

Branch Campus Reports:

OSU-Tulsa: Annette Morey/ Karen Castle

- No Report

OSU-CHS: Sherrita Sweet

- No Report

OSU-OKC: Lynne Burgett

- See Attachment C

OSUIT-Okmulgee: Na-komas Blackford

- No Report

Reports of Standing Committees:

Rules, Policy and Procedures Committee: *Kimberly Meints*

- No Report

Communications Committee: *Gary Lawson*

- DSA Save the Date has gone out
- Will add Harvest II Flyer to the website

Awards and Recognition Committee: *Elaine Johns*

- DSA Virtual ceremony has been set for November 17

Events Committee: *Michelle Chitwood*

- *Will be pushing Harvest II information in our areas*
- See Attachment **B**

Reports of University Committees:

GPSGA:

- See Attachment **D**

Human Resources:

Christa Louthan- Human Resources

- Administrative pay is available for election helpers

Department of Wellness: *Kim Beard*

- See Attachment **E**

Unfinished Business:

None

New Business:

None

Announcements:

Next Meeting – **November 11, 2020.** 1:15 PM, via ZOOM

Adjournment: Motion was made to adjourn meeting by *Elaine Johns*. Second was made by *Aaron Moore*.
Meeting was adjourned.

Attachment A

2021 Annual Enrollment



HUMAN RESOURCES

1

GOOD NEWS!

No employee premium or plan design changes for health plans!

BlueCross BlueShield Medical, Delta Dental, and VSP



HUMAN RESOURCES

2

Life Insurance Change

- Basic Life and Accidental Death & Dismemberment will change from two times the annual salary up to \$200,000 maximum coverage to **two times the employee's annual salary up to \$100,000 maximum coverage.**
- True open enrollment available to enroll or increase coverage in the employee paid, Voluntary Group (Supplemental) Life Insurance up to the guaranteed issue amount without evidence of insurability, unless previously denied.
 - Employee Supplemental Guaranteed Issue - two x salary in \$10,000 increments not to exceed \$300,000
 - Employee Supplemental with Evidence of Insurability - five x salary in \$10,000 increments not to exceed \$750,000.
 - Supplemental Spouse life can be increased by one (\$10,000) increment during open enrollment, if not already at guaranteed issue (GI) for spouse life. GI for spouse life is one x salary in \$10,000 increments not to exceed \$130,000.



HUMAN RESOURCES

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2021 OSU Premiums

	Total Premium	Institution	Employee
PPO			
Employee Only	\$ 511.98	\$ 401.98	\$ 110.00
Employee + Children	921.58	651.28	270.30
Employee + Spouse	1,075.18	709.54	365.64
Family	1,638.35	1,193.32	445.04
HDHP			
Employee Only	\$ 506.18	\$ 416.18	\$ 90.00
Employee + Children	902.96	747.58	155.38
Employee + Spouse	1,036.54	824.30	212.24
Family	1,526.34	1,293.40	232.94

* Credits not included in the above



HUMAN RESOURCES

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Premium Credits

Catapult Health Screening

- \$20.00 monthly healthcare premium credit for completing a Catapult health screening
- Register online www.timeconfirm.com/okstate

Tobacco Free Affidavit

- \$20.00 monthly healthcare premium credit for completing tobacco free affidavit.
- Completed during annual benefits enrollment in Benefit Focus.



HUMAN RESOURCES

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Benefits Value Advisor (BVA)

- Real-time access to current cost and quality transparency
- Referrals to clinical staff/programs
- Appointment scheduling
- Member Rewards
- If you contact BCBS **prior** to obtaining an MRI or CT Scan you can save an additional charge of \$100.00. (Non-emergency situations only)



HUMAN RESOURCES

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Value Based Benefits - BlueOptions

- Ovia Health
- Coronary Artery Disease Condition Management Program
- Diabetes Management Program

To enroll call BCBS directly at (877) 258-6781



HUMAN RESOURCES

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Hinge Health

Musculoskeletal Management Solution*

Hinge Health provides a digital, 12-week, coach-led musculoskeletal program based on proven non-surgical care guidelines.

The program is delivered remotely using mobile and wearable technology.



HUMAN RESOURCES

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Hinge Health Kit



HUMAN RESOURCES

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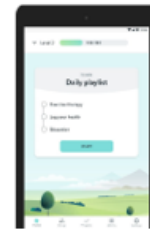
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Member Experience

Education

Exercise Therapy

Behavioral Support & Coaching



HUMAN RESOURCES

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Dental

- Delta Dental of OK
- 3 plans from which to choose
 - Low, High, Platinum
 - Platinum has adult ortho, teeth whitening, extra cleanings, nitrous oxide, annual benefit of \$3,000



HUMAN RESOURCES

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Dental Premiums

Delta Dental of Oklahoma (DOK)			
2021	Low	High	Platinum
Employee	\$34.80	\$42.26	\$69.24
Employee + Spouse	\$68.94	\$83.86	\$137.82
Employee + Child(ren)	\$79.18	\$122.98	\$205.42
Family	\$122.44	\$159.16	\$266.32



HUMAN RESOURCES

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Vision

- VSP
- 2 plans from which to choose
 - Basic and Buy-Up



HUMAN RESOURCES

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Vision Premiums

Vision Service Plan (VSP)		
2021	Basic	Buy-up
Employee	\$5.98	\$10.70
Employee + Spouse	\$11.98	\$21.42
Employee + Child(ren)	\$12.82	\$22.92
Family	\$20.48	\$36.62



HUMAN RESOURCES

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Flexible Spending Accounts Health Savings Accounts

- Flexible Spending Accounts (FSA)
 - Health FSA – maximum \$2,750 for out-of-pocket medical and pharmacy expenses (\$550 carryover)
 - Dependent Care FSA – maximum \$5,000 per household for childcare expenses for dependent children under the age of 13
- Health Savings Accounts (HSA) – must be enrolled in the BlueEdge High Deductible Health Plan
 - Employee Only – maximum \$2,850; employer will contribute \$750 (Total \$3,600)
 - Employee + Dependent – maximum \$5,950; employer will contribute \$1,250 (Total \$7,200)
 - Age 55 or older – can add an additional \$1,000 to your contribution limit



HUMAN RESOURCES

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Annual Benefits Enrollment November 2 – 16, 2020!



HUMAN RESOURCES

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Don't forget to....

- Enroll in Flexible Spending Account/Dependent Daycare Account.
- Enroll in Health Savings Account.
- Complete the tobacco affidavit.
- Enroll in Voluntary Group (Supplemental) Life Insurance.
- Confirm your health, dental, vision enrollment.
- Verify dependents are covered.

This is your once-a-year opportunity to make election changes without a qualifying life event!



HUMAN RESOURCES

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Questions?

For more information:

benefits.okstate.edu
Virtual Benefits Fair October 19-23

osu-benefits@okstate.edu
405-744-5449



HUMAN RESOURCES

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The Junior Service League of Stillwater



October 12 - November 9, 2020

Celebrating our 32nd year with an online fundraiser!

3 WAYS TO DONATE:

1. Use your phone camera to scan the QR code and DONATE



2. Visit our webpage and DONATE
www.stillwaterjsl.com

3. Visit us on Facebook and DONATE



/StillwaterJSL

Canned or boxed food items
can be delivered to one of our
partner agencies:

- ✓ Mission of Hope
- ✓ Wings of Hope
- ✓ Payne County Youth Services
- ✓ COCAA
- ✓ Salvation Army
- ✓ Neighborhood Ministries
- ✓ Cowboys with Compassion
- ✓ Operation Christmas
- ✓ Our Daily Bread
- ✓ Central Oklahoma Adult and Teen Challenge



Thank you to our sponsors and volunteers who have made this service possible.



OKLAHOMA CITY

Staff Advisory Council Meeting

Oct 14th, 2020

OSU-OKC Vice-Chair Report

Sept 21-27: Fair Food event

Since the annual Oklahoma State Fair was canceled this year, OSU-OKC and numerous State Fair food vendors hosted a Fair food event the week of Sept 21-27. About 15 vendors participated in serving our favorite fair cuisine such as funnel cakes, turkey legs, curly fries, Indian tacos, cinnamon rolls and more.

Oct 8: Staff Excellence Cookout

Last Thursday afternoon, campus offices were closed from 11:30 to 1:00 pm for a catered outdoor cookout to honor faculty and staff members with 5, 10, 15, etc. years of service for FY20. We had one individual celebrating 40 years of service with OSU-OKC. President, Brad Williams presented a framed document with the names of all the faculty and staff members that worked during the spring "COVID" months. All were inducted into the OSU-OKC Hall of Fame. We are now in the process of taking nominations for Faculty and Staff excellence awards for FY21.

Oct 9: Pink Out! 5k

The Athletic & Sports Association and OSU-OKC's Wellness Center sponsored the 5k run in coordination with the Breast Cancer Research Foundation. We had more than 80 participants and 20 volunteers and raised \$370 for BCRF.

Oct 20: Campus Flu Shots

Free Flu shots offered in the Wellness center to the first 100 students and 100 faculty and staff on Oct 20, from 11 am to 1 pm.



Upcoming Deadlines

- **Travel Awards application** – October 20 (Can be used to support registration if presenting at a virtual conference)
- **Co-Sponsorship fund application** – extended to October 31
- **Research Materials grant application** - extended to October 31

Announcements

- Third GPSGA General Assembly (virtual) meeting is on October 21, 2020 – 5:30 PM - no RSVP required
- Nominations for Parliamentarian positions are now being accepted. Send us your statement of interest, a brief bio and your picture to gpsga@okstate.edu
- Complete [GPSGA Committee membership list](#) for representatives and liaisons are available in Canvas
- Be a part of GPSGA Networking group – [Sign in and provide details here](#)
- GPSGA Open Forum – Next session on “Degree Completion” will be held virtually on Oct 15, 5:30 PM. [Email us](#) to receive meeting information.
- Send us your events details for promotions through GPSGA Social media.

The Department of Wellness EMPLOYEE PROGRAMS



Wellness Wednesday / Oct. 21, 12p.m.

Your body is your vehicle, and it is important to keep your engine running smoothly when you workout. Join us to learn how to fuel your body by eating the right foods and drinking the right fluids, in the right amounts at the right times.

Registration/cancellation deadline: Oct. 16 at noon

To register, call 405-744-WELL (9355) or email wellness@okstate.edu



Virtual Pampering Party / Oct. 22, 7p.m.

After a long day at work, sometimes we just need a moment to relax and pamper ourselves. Join OSU Employee Wellness for a virtual Pampering Party! You will learn to make a homemade hand scrub, enjoy a cup of hot tea or cocoa, and refresh your skin with a gentle facemask as you let your stresses melt away.

Registration/cancellation deadline: Oct 16.

To register complete the registration form online at wellness.okstate.edu.



Ted Talk Tuesday / Nov. 10, 12:15p.m.

What keeps us happy and healthy as we go through life? If you think it's fame and money, you're not alone—but according to psychiatrist Robert Waldinger, you're mistaken. In this talk, he shares three important lessons learned from the study as well as some practical, old-as-the-hills wisdom on how to build a fulfilling, long life.

Registration/cancellation deadline: Nov. 6 at noon

To register for in-person option, call 405-744-WELL (9355) or email wellness@okstate.edu

To register for virtual option complete the [registration form](#) online at wellness.okstate.edu.



Virtual Cooking Demo / Nov. 19, 6p.m

We all know that staying healthy during the holidays can be a tough challenge. Sometimes a simple swap can make a big difference! Join us for this virtual cooking class to learn a new way to make one of your classic fall dishes just a little healthier. We will be preparing Mashed Cauliflower as a healthy alternative to Mashed Potatoes.

Registration/cancellation deadline: Nov. 12

To register complete the [registration form](#) online at wellness.okstate.edu.



405.744.well (9355)



wellness.okstate.edu



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